

Online Supplement

Original Research

Diagnosing Type 2 Inflammation in COPD: Comparison of Blood and Sputum Eosinophil Assessment in the University of California Los Angeles COPD Phenotyping Study

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Supplemental Table 1: Characteristics of Eosinophilic COPD based on blood eosinophil counts ≥ 150 cells

Baseline:	BEC ≥ 150 cells/uL (n = 51)	BEC < 150 cells/uL (n = 55)	p Value
Age, years (mean \pm SD)	70.3 \pm 7	69.8	0.78
Female, N (%)	15 (29.4%)	26 (47.3%)	0.06
Race (Black)	12 (23.5%)	15 (27.3%)	0.66
BMI (mean \pm SD)	27.5 \pm 5.6	26.9	0.61
Smoking history, pack-years (mean \pm SD)	50.2 \pm 29.5	45.7	0.58
Active smoking, N (%)	11 (21.6%)	14 (25.5%)	0.64
Asthma history, N (%)	18 (35.3%)	9 (16.4%)	0.03*
Atopy, N (%)	16 (32%)	16 (29.6%)	0.79
FEV1 (L) (mean \pm SD)	1.7 \pm 0.7	1.7 \pm 0.7	0.58
FEV1, % (mean \pm SD)	60.8 \pm 22.7	64.6 \pm 24.5	0.46
FVC, % (mean \pm SD)	95.4 \pm 54.9	90 \pm 21	0.98
FEV1/FVC, % (mean \pm SD)	50.4 \pm 17.3	52.6 \pm 13.6	0.67
6MWD, m (mean \pm SD)	372.2 \pm 124.9	393.2 \pm 137.2	0.58
GOLD stage (1, 2, 3, 4) N (%)			0.61
Stage 0	5 (9.8%)	5 (9.1%)	
Stage 1	7 (13.7%)	12 (21.8%)	
Stage 2	20 (39.2%)	22 (40%)	
Stage 3	16 (31.4%)	11 (20%)	
Stage 4	3 (5.9%)	5 (9.1%)	
GOLD group (CAT - A, B, E) N (%)			0.16
Group A	9 (20%)	19 (38.0%)	
Group B	26 (57.8%)	22 (44.0%)	
Group E	10 (22.2%)	9 (18.0%)	
Exacerbation history in previous year, % positive	0.2 \pm 0.4	0.2 \pm 0.4	0.70
Emphysema, N (%)	43 (89.6%)	47 (88.7%)	0.88
Chronic bronchitis, N (%)	27 (52.9%)	21 (38.2%)	0.13
On inhaled steroid, N (%)	22 (51.2%)	24 (46.2%)	0.63
mMRC, score (mean \pm SD)	1.3 \pm 1.1	1.1 \pm 1.0	0.28
CAT, score (mean \pm SD)	15.4 \pm 8.1	13.1 \pm 9.1	0.08
SGRQ, score (mean \pm SD)	37.1 \pm 22.3	31.3 \pm 22.4	0.11
WBC, cells/uL x10 ³ (mean \pm SD)	7.9 \pm 6.7	6.7 \pm 2.5	0.02*
Ne/Ly ratio (mean \pm SD)	3.3 \pm 2.0	3.5 \pm 3.2	0.96
ESR, mm/hr (mean \pm SD)	21.6 \pm 16.5	23.8 \pm 20.5	0.73
CRP, mg/L (mean \pm SD)	0.8 \pm 1.3	0.8 \pm 1.5	0.36
Fibrinogen, mg/dL (mean \pm SD)	343.8 \pm 92.6	356.9 \pm 83.2	0.48
Sputum Eos, % (mean \pm SD)	11.6 \pm 27.3	0.9 \pm 2.0	0.25
Sputum Ne, % (mean \pm SD)	62.5 \pm 9.5	64.6 \pm 11.1	0.45
Serum Interleukin-5, pg/mL, (mean \pm SD)	4.5 \pm 3.4	3.6 \pm 3.0	0.31
Serum Interleukin-4, pg/mL, (mean \pm SD)	32.9 \pm 37.3	51.3 \pm 82.7	0.49
Serum IFN-gamma, pg/mL, (mean \pm SD)	176.9 \pm 479.0	120.7 \pm 372.4	0.42
Serum TNF-alpha, pg/mL, (mean \pm SD)	3.7 \pm 3.0	3.6 \pm 5.5	0.06
Serum Intereukin-6, pg/mL, (mean \pm SD)	3.3 \pm 6.7	5.4 \pm 10.8	0.33
Serum Interleukin-33, pg/mL, (mean \pm SD)	103 \pm 214	88.9 \pm 237.4	0.39
Serum Interleukin-10, pg/mL, (mean \pm SD)	3.4 \pm 3.8	2.7 \pm 2.3	0.59

Serum Interleukin-13RA1, pg/mL , (mean±SD)	5138.4±1608.8	4963.9±1223.6	0.66
Follow up period:			
Exacerbations during 1 year follow up, % present, n (%)	13 (25.5%)	13 (24.5%)	0.91
Number of ECOPD in follow up, N (%)	0.2±0.5	0.2±0.4	0.71
Change in SGRQ	(-2.8)±14.7	1.8±12.5	0.34
Change in CAT	(-2.0)±6.2	0.8±6.1	0.04*

Data are presented as mean±SD or No. (%). BMI: Body mass index; FEV1: Forced expiratory volume in 1 second; FVC: Forced vital capacity; 6MWD = 6-minute walk distance; GOLD: Global Initiative for Chronic Obstructive Lung Disease; CAT: COPD Assessment Test; mMRC: Medical Research Council; SGRQ: St. George's Respiratory Questionnaire; WBC: White blood cell; Ne: Neutrophil; Ly: Lymphocyte; ESR: Erythrocyte sedimentation rate; CRP: C-reactive protein; Eos: Eosinophil; IFN: Interferon; TNF: Tumor necrosis factor; ECOPD: Exacerbation of COPD

Supplemental Table 2: Demographics and clinical characteristics of exacerbation cohort

Exacerbators Cohort (n=13)	
Age, years (mean±SD)	70.8±6.1
Male, N (%)	6 (46.2%)
Race (Black)	2 (15.4%)
BMI (mean±SD)	25.2±4.1
Smoking history, pack-years (mean±SD)	49.5±39.9
Active smoking, N (%)	7 (57.1%)
Asthma history, N (%)	5 (36.6%)
Atopy, N (%)	5 (36.4%)
Chronic bronchitis, N (%)	3 (60%)
FEV1, % (mean±SD)	57.3±11.6
FVC, % (mean±SD)	81.3±13.7
FEV1/FVC, % (mean±SD)	51.7±9.1
CAT, score (mean±SD)	18.8±11.0
SGRQ, score (mean±SD)	41.4±27.6
Sputum Eos, % (mean±SD)	7.2±10.3
Sputum Ne, % (mean±SD)	21.4±31.1

Data are presented as mean±SD or No. (%). BMI: Body mass index; FEV1: Forced expiratory volume in 1 second; FVC: Forced vital capacity; 6MWD = 6-minute walk

distance; GOLD: Global Initiative for Chronic Obstructive Lung Disease; CAT: COPD Assessment Test; mMRC: modified Medical Research Council; SGRQ: St. George's Respiratory Questionnaire; Ne: Neutrophil; Eos: Eosinophil

Supplemental Table 3: Blood biomarkers a) during and b) after COPD exacerbation. Comparison with c) the main cohort with stable COPD

Variable	a) During Exacerbation (n=13)	b) After Exacerbation (n=3)	Difference pre and post (P value)	c) Stable Cohort (N = 106)	Difference *(p value)
WBC, cells/uL x10 ³ (mean±SD)	12.4±5.0	5.9±2.0	n/a	7.3±3.7	<0.01
Neutrophil, % (mean±SD)	80.3±12.3	69.7±7.6	n/a	63.6±10.3	<0.01
Ne/Ly ratio (mean±SD)	13.4±14.6	4.5±2.4	n/a	3.4±2.7	<0.01
BEC, cells/uL, (mean±SD)	101±109	102±29.2	n/a	196.6±170.5	0.02
ESR, mm/hr (mean±SD)	33.8±34.2	37±32.4	n/a	22.7±18.6	0.30
Fibrinogen, mg/dL (mean±SD)	449.2±148.3	575.3±135.2	n/a	350.6±87.6	<0.01
CRP, mg/L (mean±SD)	5.8±9.7	4.4±2.2	n/a	0.8±1.4	<0.01

Data are presented as mean±SD. WBC: White Blood Cells; NLR: Neutrophil to Lymphocyte Ratio; BEC: Blood Eosinophil Count; ESR: Erythrocyte Sedimentation Rate; CRP: C-reactive Protein