Anti-cytokines as a Strategy in Alpha-1 Antitrypsin Deficiency

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Abstract
For many years, the lung disease associated with alpha-1 antitrypsin (AAT) deficiency (AATD) was perceived as being secondary to an imbalance between this serine protease inhibitor and the target protease, neutrophil elastase (NE). More recently, a greater understanding of the pathways leading to lung inflammation has shed light on new potential attributes and presented AATD as an inflammatory condition in which proteases and neutrophils still play a major role, but in which pro-inflammatory cytokines, either induced by the actions of NE or by other pro-inflammatory processes normally modulated by AAT, are involved. In this review, we will look at the various cytokines centrally involved in AATD lung disease, and how a greater understanding of their contribution may help development of targeted therapies.

Introduction
Alpha-1 antitrypsin (AAT) deficiency (AATD) is a genetic disorder that classically presents with lung and liver disease. Once considered a rare disease, there is now increasing awareness that it is underdiagnosed. 1 Indeed, AATD represents a leading cause of requirement for lung and liver transplantation, 2 and is the only known genetic cause of chronic obstructive pulmonary disease (COPD). 3 Disease manifestations arise due to mutation in the SERPINA1 gene located on the long arm of chromosome 14 at locus 14q3-32.1 4,5 This gene encodes AAT, a potent serine protease inhibitor produced primarily by hepatocytes in the liver and released into the circulation where it is the second most abundant protein. 6 The primary
role of AAT is the inhibition of proteases released from neutrophil granules. This led to the protease-anti protease theory of emphysema which centered on AAT’s role as a serine protease inhibitor with specific inhibition of neutrophil elastase (NE), an omnivorous serine protease capable of destroying almost all components of the lung matrix. The early recognition of AAT as a key inhibitor of the proteolytic enzyme NE led to the theory that emphysema in AATD was directly due to a lack of AAT. In support of this concept, early studies of AAT-augmentation therapy in AATD individuals demonstrated an alteration in proteolytic activity in the lungs and corresponding reduction in lung injury. It has since become apparent however, that the protease-antiprotease imbalance does not fully account for the pathophysiology of AATD-related disease. In this regard, predisposition of individuals with AATD to conditions characterized by aberrant neutrophilic inflammation such as panniculitis and granulomatosis with polyangiitis is suggestive of aberrant neutrophil function in the absence of standard plasma levels of AAT (27.5µM). In line with this concept, in a mouse model of AATD, AAT augmentation protected against emphysema, but oxidized AAT, that lacks anti-proteases activity, also reduced neutrophil influx into the airways.

The most common mutation resulting in AATD is the Z point mutation, with substitution of a lysine for a glutamic acid residue at position 342 (Glu342Lys), leading to low levels of AAT in plasma and lung epithelial lining fluid (ELF). Moreover, Z-AAT present in the lungs has less anti-NE activity and is more susceptible to inhibition by oxidation, of which cigarette smoking is the most clinically relevant cause. Intravenous AAT augmentation therapy using pooled purified AAT at a dose of 60 mg/kg body weight is currently available for patients, with significant attenuation of decline in lung density observed with treatment.

It is now recognized that AAT possesses multiple direct immuno-modulatory and anti-inflammatory activities, and strongly impacts upon the neutrophils response to a range of key cytokines and chemo-attractants. Accordingly, increased neutrophil counts in the lungs of AATD individuals even with mild functional lung impairment, and also in asymptomatic, non-smoking heterozygotes for the Z allele or intermediate deficiency (PiMZ) without airflow obstruction have been described. Moreover, studies of bronchoalveolar lavage (BAL) from non-smoking ZZ-AATD patients showed significantly increased neutrophil numbers compared to non-smoking AAT sufficient controls. While other cell types such as eosinophils and macrophages were at similar levels in both ZZ-AAT and control cohorts, ZZ-AAT patients had 3 times as many neutrophils in the absence of any infection or inflammation. These results formed a solid foundation for the subsequent intense studies aimed at investigating the cause of increased chemotactic activity in AATD.

**Targeting Neutrophil Elastase as a Driver of Neutrophil Chemokine and Cytokine Mediated Inflammation**

Initial studies exploring the ability of NE to induce pro-inflammatory mediates revealed that alveolar macrophages from non-smoking AATD patients, cultured in vitro, spontaneously produced higher levels of neutrophil chemotactic activity than healthy control macrophages. One of the most potent neutrophil chemoattractants is interleukin-8 (IL-8). The addition of BAL obtained from people with cystic fibrosis (CF) to airway epithelial cells induced IL-8 gene expression, but in contrast, BAL obtained from healthy controls has no such effect. Moreover, when secretory leukoprotease inhibitor (SLPI), AAT, phenylmethanesulfonyl fluoride (PMSF) or methoxysuccinyl chloromethyl ketone, all potent inhibitors of NE, were added to CF BAL, the ability to induce IL-8 was prevented, thereby implicating NE as a major inducer of IL-8. These findings gave rise to the concept of a cycle of inflammation in inflammatory lung disease whereby activated neutrophils secrete NE that induces IL-8 from airway epithelium which, in turn, brings more neutrophils into the lung (Figure 1). Indeed, chemoattractants such as IL-8 and also leukotriene B4 (LTB4) can act in a paracrine manner to further activate neutrophils, propagating their release into the inflamed airway. In addition to IL-8, NE induces the gene expression of a series of pro-inflammatory mediators including epithelial-derived neutrophil-activating protein-78 (ENA-78), growth-regulated oncogene (GRO), interleukin-6 (IL-6), oncostatin-M (OSM), granulocyte-macrophage colony-stimulating factor (GMCSF) and vascular endothelial growth factor (VEGF) from epithelial cells. Moreover, through indirect activation of
AAT is now recognized to have multiple, direct immuno-modulatory and anti-inflammatory activities, acting primarily on the neutrophil via a range of effects on key cytokines and chemo-attractants.14 Neutrophil adhesion and chemotaxis occurs in response to concentration gradients of proinflammatory lipids and cytokines including LTB4, IL-8, soluble immune complex (sIC) and also bacterial peptides including N-formyl-L-methionyl-L-leucyl-phenylalanine of PAR2, which in turn leads to release of ADAM metallopeptidase domain 17 from an inactive state and subsequent cleavage of transforming growth factor alpha (TGF-α). In this context, epidermal growth factor receptor (EGFR) is activated by TGF-α.28 Additionally, NE can directly activate the metalloprotease meprin alpha, which is capable of producing TGF-α from proTGF-α22 and can activate γδT cells to produce the pro-inflammatory effector proteins tumor necrosis factor (TNF) and interferon (IFN)-γ.29

In the lung, uncontrolled NE activity yields a further number of mechanisms through which inflammation can be triggered. Digestion of certain extracellular matrix (ECM) proteins by NE, including laminin and elastin, produce characteristic peptide fragments that specifically interact with EGFR and S-gal receptor, respectively. The outcome of the former being chemotraction of neutrophils, while the latter draws monocytes.30,31 Hence, a self-propagating cycle of immune cell recruitment and disgorgement of proteases and chemokines exists against a backdrop of ECM destruction. Moreover, excessive NE activity is not only pro-inflammatory, but antagonizes pro-resolving pathways. Importantly, the pro-resolving glucocorticoid, annexin A1, is inactivated following cleavage by NE, consequently prolonging inflammatory signalling.32 The pro-resolving effect of annexin A1 can be demonstrated by therapeutic addition of the NE inhibitor SLPI to the airway. Given the extent of pathway crosstalk and temporal and contextual dependence of signalling outcomes, it seems unlikely that in vitro studies can recapitulate the complexity of the AATD inflammatory milieu, but examination of these pathways in isolation has provided compelling reasons to therapeutically inhibit NE.

Targeting Cytokines and Lipid Mediators Involved in Neutrophil Activation

AAT is now recognized to have multiple, direct immuno-modulatory and anti-inflammatory activities, acting primarily on the neutrophil via a range of effects on key cytokines and chemo-attractants.14 Neutrophil adhesion and chemotaxis occurs in response to concentration gradients of proinflammatory lipids and cytokines including LTB4, IL-8, soluble immune complex (sIC) and also bacterial peptides including N-formyl-L-methionyl-L-leucyl-phenylalanine.
(fMLP).

As a brief summary of neutrophil migration to the airways, these cells marginate to the blood vessel walls where they are tethered via interaction between ICAMs on the endothelium and selectins on the neutrophil surface, including P-selectin glycoprotein ligand 1 (PSGL-1) \(^{34}\) and L-selectin. \(^{35}\) B2 integrins on the neutrophil surface such as lymphocyte-associated antigen 1 (LFA1, integrin αLβ2, CD11a/CD18) and macrophage-1 antigen (Mac-1, integrin αMβ2, CD11b/CD18) interact with ICAMs on the endothelium, resulting in firm adhesion and crawling of neutrophils along the vessel wall to reach junctions between endothelial cells. \(^{36,37}\)

Interaction between neutrophil β2 integrins and endothelial ICAMs and junctional adhesion molecules then mediates transmigration of the cell through the endothelial junction. \(^{38}\)

Matrix metalloproteases released from neutrophil gelatinase granules digest the basement membrane protein and neutrophils enter the interstitial space. \(^{39}\)

AATD individuals, regardless of smoking status, demonstrate increased neutrophil chemotactic index, \(^{17}\) strongly indicating that AAT affects neutrophil migratory patterns. AAT may exert this anti-inflammatory effect by 1 of 2 ways; the first involving down-regulation of pro-inflammatory cytokines and chemokine protein production, the second concerning modulation of downstream signalling events. In agreement with the former suggestion, it has been shown that NE induces IL-8 gene up-regulation in bronchial epithelial cells through an IRAK signalling pathway involving both MyD88 and TRAF-6, and that the serine protease inhibitors SLPI and AAT, prevent IL-8 gene activation and protein production. \(^{19}\)

Of interest, glycosaminoglycans influence the chemokine profile of the CF lung by binding IL-8 and protecting it from proteolytic degradation; this binding event offers therapeutic opportunities. For example, the IL-8 decoy molecule PA401 which lacks chemotactic activity, was shown to disrupt IL-8:glycosaminoglycan complexes present in CF airway samples, rendering IL-8 susceptible to NE proteolysis and clearance. \(^{30}\)

Consequently, this decoy approach represents a novel approach to targeting high levels of IL-8 and may serve to decrease the inflammatory burden in the AATD lung.

The alternative method by which the antiprotease AAT may modulate neutrophil adhesion and chemotaxis is by binding to, and blocking, either ligand or receptor. An example of this is the immune-regulatory effect of AAT on LTB4. This lipid mediator is a potent inducer of neutrophil adhesion via its receptor BLT1. LTB4 is secreted from both macrophages and neutrophils upon exposure to NE \(^{17,41}\) thereby drawing further neutrophils to the airways. Breaking this cycle of inflammation is of importance, and AAT was shown to modulate neutrophil adhesion via AAT-LTB4 complex formation, consequently inhibiting LTB4-BLT1 interaction. \(^{41}\)

The latter study identified the hydrophobic pocket on AAT located between S2A and helices D and E as the potential binding site for LTB4. Of note, AAT did not cause complete inhibition of LTB4-BLT1 engagement and this is a further important attribute of AAT as an LTB4 antagonist. Moreover, results of this study revealed reduced plasma levels of LTB4 in AATD patients receiving AAT augmentation therapy, compared with untreated patients matched by forced expiratory volume in 1 second. \(^{41}\)

Progressing from adhesion to chemotaxis, SLPI has been shown to significantly inhibit fMLP and IL-8 induced neutrophil chemotaxis, with lower levels of cytosolic inositol 1,4,5-triphosphate and calcium flux detected. \(^{42}\) Although the exact mechanism by which SLPI blocks fMLP/IL-8 cell responses is not clear, extensive research has been carried out on the ability of AAT to inhibit IL-8 induced neutrophil chemotaxis. \(^{43}\)

Results have demonstrated the ability of glycosylated AAT to bind IL-8 via an electrostatic interaction. IL-8 bound to AAT is blocked from interacting with CXCR1, thus preventing actin cytoskeletal rearrangements and intra-cellular calcium flux required for the chemotaxis process. In line with this concept, in vivo, alterations of AAT glycan signatures involving increased levels of sialylation during the time course of acute infection and resolution of community-acquired pneumonia, reduced IL-8 binding to neutrophil CXCR1. \(^{44}\)

Moreover, AAT has been shown to bind directly to circulating neutrophils, localized to membrane lipid rafts, and inhibiting ADAM-17. ADAM-17 cleaves the glycosylphosphatidylinositol-anchored Fc receptor FcyRIIb (CD16b) from the cell surface, a process which is crucial for chemotaxis in response to sIC. Inhibition of ADAM-17 by AAT prevents release of CD16b, thereby downregulating chemotaxis in response to sIC. This study demonstrated increased neutrophil chemotaxis in AATD individuals in response to IL-8 and sIC, which normalized following AAT augmentation therapy in vivo. \(^{43}\)

TNF-α is an important pro-inflammatory cytokine
that modulates neutrophil degranulation of secondary and tertiary granules.\textsuperscript{49} Secondary granules are a source of lactoferrin and hCAP-18, whilst tertiary granules contain matrix-metalloprotease-9 (MMP-9). Neutrophils of AATD individuals display increased production and membrane expression of TNF-\(\alpha\) compared to healthy control cells, and release elevated levels of secondary and tertiary granule components.\textsuperscript{46}

In this latter study, extracellular supernatants from TNF-\(\alpha\) stimulated AATD neutrophils contained higher concentrations of MMP-9, hCAP-18 and lactoferrin compared to healthy controls, indicating augmented secondary and tertiary granule release. Furthermore, excessive degranulation of lactoferrin resulted in an increased presence of IgG class anti-lactoferrin antibodies which consequently augmented production of reactive oxygen species, suggesting a role for autoimmunity in the pathophysiology of AATD. In vitro, exogenous AAT was shown to bind to TNF-\(\alpha\) receptors (TNFR1 and TNFR2), preventing activation of the MAPKp38 phosphorylation pathway.\textsuperscript{47} Of major importance, TNF-\(\alpha\) signalling possesses the ability to self-regulate its own gene expression and in this latter study, AAT down-regulated TNF-\(\alpha\) gene expression in response to exogenous TNF-\(\alpha\) and caused a blockade of IkB\(\alpha\) degradation, thereby preventing induction of NF-\(\kappa\)B-regulated pro-inflammatory mediators. Moreover, in vivo in AATD patients, AAT augmentation therapy reduced soluble plasma levels of TNFR1, a surrogate marker for TNF-\(\alpha\).\textsuperscript{46}

Collectively, this published data demonstrates that AATD is associated with dysregulated neutrophil function, with increased chemotaxis, adhesion and degranulation. The consequences of this are increased neutrophil burden in the lung, compounded by increased release of granule proteins including NE and perseverance of inflammation. A variety of AAT cytokine and lipid immunoregulatory mechanisms have been implicated, including direct interaction between AAT and IL-8 as well as LTB\(_4\), down-regulation of TNF-\(\alpha\) pathways by AAT, autoimmunity, and effects of excess NE in stimulating IL-8 production. Importantly, exogenous AAT in vivo has been shown to correct many of these events, resulting in normalization of chemotaxis\textsuperscript{43} adhesion and degranulation.\textsuperscript{41} The effects of AAT augmentation therapy on neutrophilic inflammation are thus worthy of further investigation.

### Interleukin-1 \(\beta\) as a Target for Immunomodulation in Alpha-1 Antitrypsin Deficiency

A pro-inflammatory mediator currently of major interest is interleukin-1\(\beta\) (IL-1\(\beta\)), due to its induction in numerous cell types under strong inflammatory stimulation, and ability to in turn stimulate a broad array of pro-inflammatory responses. Release of IL-1\(\beta\) begins with synthesis of proIL-1\(\beta\) that is cleaved by intracellular caspase-1 activity pursuant to assembly of an inflammasome complex. The predominant complex driving IL-1\(\beta\) production is the NLRP3 inflammasome and, notably, NLRP3 deficient mice fail to match their normal counterparts in development of a COPD phenotype.\textsuperscript{48} Neither NLRP3 nor IL-1\(\beta\) itself are detectably elevated in COPD lung tissue,\textsuperscript{49} though levels of IL-1\(\beta\) are higher in both the serum and BALF of those with COPD than smokers with otherwise normal spirometry, suggesting that substantial inflammatory signalling is required to elicit the cytokine.\textsuperscript{50} This may include apoptosis or even necrosis-associated danger signals or infectious exacerbations.\textsuperscript{51} The latter observation is telling given the dominant influence of the TLR4 ligand lipopolysaccharide (LPS) on NLRP3 inflammasome activation. Moreover, while anti-IL-1\(\beta\) therapy is minimally effective in stable COPD patients\textsuperscript{52,53} – the effective absence of AAT in deficient individuals may be decisive in establishing a role for IL-1\(\beta\) in AATD.

Insofar as the NLRP3 (NLR Family Pyrin Domain Containing 3) inflammasome is a sensor of cellular disequilibrium, it can become activated during osmotic stress such as sodium influx.\textsuperscript{54} This effect can be mediated through the epithelial sodium channel (ENaC). Normally, ENaC is minimally active due to regulation by extracellular SPLUNC1 (short palate lung and nasal epithelial clone 1).\textsuperscript{55} Diminished AAT has been shown to coincide with reduced levels of SPLUNC1\textsuperscript{56} suggesting that heightened ENaC activity and, hence, active NLRP3 may occur in AATD. Moreover, AAT can further protect tissues from IL-1\(\beta\) signalling by up-regulating interleukin-1 receptor antagonist (IL-1Ra), either directly from the tissue or secreted by macrophages or regulatory T cells.\textsuperscript{57,58} Hence, in AATD, this normally protective mechanism could be diminished and levels of IL-1\(\beta\) would be expectedly elevated. In line with this thought, AAT can suppress the ability of extracellular ATP to induce
proIL-1β expression and this action of AAT occurs independently of its anti-NE function.59 AAT may achieve this control of IL-1β maturation by activation of phospholipase A2, which in turn prevents ATP receptor P2X7 signalling. The source of extracellular ATP may coincide with the release of IL-1β from the cell given that both require membrane permeability.60 Concordantly, AAT can inhibit the inducer of apoptosis, caspase-3, thereby restricting IL-1β release. This inhibitory action of AAT occurs directly, requiring the native reactive center loop of AAT, and following internalization of the anti-protease,61 which likely occurs through clathrin-mediated endocytosis.62 Membrane permeability is also a consequence of pore formation by gasdermin D, causing a form of cell death termed pyroptosis, which is instigated by inflammasome activity. Release of IL-1β as well as ATP and other danger signals then follows. As such, IL-1β release may be self-propagating, thereby amplifying inflammation once the initiating triggers are present.

Diminished oxygenation is another route through which inflammasomes can become activated, whereby the glycolytic metabolite lactate promotes stabilization of HIF1α and subsequent expression of pro-inflammatory genes, including proIL-1β. Hence, in severely obstructed airways, IL-1β may be pronounced. Notably, glycolysis may also occur in normoxic conditions, in the presence of Gram-negative bacteria. Here, LPS ligation by TLR4 triggers the NLRP3 inflammasome-directed maturation of IL-1β. This effect was recently demonstrated for the first time to occur in neutrophils of patients with cystic fibrosis.63 Hence, conditions in the AATD airway can replicate those required for IL-1β production and processing by neutrophils: pro-inflammatory cytokine levels are above normal and many individuals are colonized by Gram-negative bacteria, such as Haemophilus influenzae or Moraxella catharrhalis. The “hyperactivation” of the neutrophil in AATD, the result of excessive neutrophil serine protease activity and abundant neutrophil chemoattractants, gives the strong probability that inhibitors of NLRP3 activation may mitigate the inflammatory burden in the AATD airway. Of caution, it should be noted that therapeutic intervention against IL-1β can result in increased incidence of infection as can occur when IL-1 signalling is blocked by recombinant IL-1Ra, anakinra.64 This adverse outcome is likely the result of insufficient pro-inflammatory, anti-infective immunity. Hence, the effect of anti-IL-1β therapy on infective exacerbations in AATD should be considered carefully. That said, where an exacerbation is already in progress, anti-IL-1β therapy may show benefit in controlling an overly exuberant immune response, thereby shortening time to resolution. Additionally, more precise modulation of the immune response may be achieved instead by inhibiting NLRP3 activity,63 thereby preserving IL-1α signalling.

**Conclusion**

Our understanding of AATD has evolved from a purely protease-driven pathogenesis to an appreciation of the central role of inflammation in the condition. Much of this has stemmed from better understanding of the many faceted actions of AAT. As befits an abundant plasma protein, AAT has systemic anti-inflammatory effects as well as local actions in the lung. There is significant crosstalk between proteases and inflammatory pathways. Some of the anti-inflammatory effects of AAT certainly derive from inhibiting NE with subsequent downstream consequences, such as decreased production of neutrophil chemokines and reduced activation of further proteases (Table 1). The non-anti-protease effects of AAT differ according to the inflammatory process involved and also, structural characteristics of the AAT protein. The anti-IL-8 activity of AAT requires AAT glycosylation, and the anti-LTB4 effect utilizes a hydrophobic domain, while the anti-TNF effects do not directly affect TNF but rather block its interaction with its receptors. What is clear is that AATD is characterized not only by unopposed protease activity, but a lack of AAT anti-inflammatory effects and that cytokine signalling including IL-1β should be considered equally critical (Figure 2).

**Declaration of Interest**

All authors have no conflict of interests to declare.
Table 1. Alpha-1 Antitrypsin Deficiency With Associated Inflammatory Mediators and Triggers That May Contribute to Disease

1. Gene Expression: Unopposed neutrophil elastase activity affects gene expression of inflammatory mediators
   - Interleukin-8\(^{(19)}\)
   - Leukotriene B\(_4^{(20)}\)
   - Epithelial-derived Neutrophil-activating Protein-78\(^{(21)}\)
   - Growth-regulated Oncogene\(^{(21)}\)
   - Interleukin-6\(^{(21)}\)
   - Vascular Endothelial Growth Factor\(^{(21)}\)
   - Oncostatin-M\(^{(21)}\)
   - Granulocyte-macrophage Colony-stimulating Factor\(^{(21)}\)

2. Protein Expression: Diminished alpha-1 antitrypsin results in unopposed protease activity and immune protein production and release
   - **Protease activity**
     - Neutrophil Elastase, Cathepsin G, Proteinase 3\(^{(14)}\)
     - ADAM Metallopeptidase Domain 17\(^{(13)}\)
   - **Immune proteins**
     - Tumour Necrosis Factor-\(\alpha^{(17)}\)
     - Interleukin-8\(^{(18)}\)
     - Leukotriene B\(_4^{(21)}\)
     - Epithelial Sodium Channel\(^{(55)}\)
     - Family Pyrin Domain Containing 3\(^{(63)}\)
     - FcRIIIB (CD16b)\(^{(43)}\)

3. Protein Activation: Unchecked neutrophil elastase proteolysis can activate or inhibit immune cells and immune proteins
   - **Activation**
     - Meprin Alpha\(^{(22)}\)
     - Protease-activated Receptor-2\(^{(26)}\)
     - \(\gamma T\) cells\(^{(29)}\)
   - **Inhibition/cleavage**
     - Annexin A1\(^{(32)}\)
     - Short Palate Lung and Nasal Epithelial Clone 1\(^{(56)}\)
Figure 2. Alpha-1 Antitrypsin Deficiency Cells Are Primed for Pro-inflammatory Signalling

Where AAT is insufficient, the action of NE may serve to prime cells such that inflammasome assembly is activated in response to pro-inflammatory stimuli. NE activity signals through TLRs, PAR2 or EGFR, which induces the expression of pro-inflammatory genes that are regulated by NF-κB. Hence, NLRP3 and proIL-1β are available for the production and release of active IL-1β, alongside other pro-inflammatory mediators including chemoattractants and endogenous danger signals.

AAT=alpha-1 antitrypsin; NE=neutrophil elastase; TLRs=toll-like receptors; PAR2=protease-activated receptor 2; EGFR=epidermal growth factor receptor; NF-κB=nuclear factor kappa-light-chain-enhancer of activated B cells; NLR3=Family Pyrin Domain Containing 3; IL-1β=interleukin 1β.
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